Calgary metro

WEDNESDAY, JANUARY 27, 2016

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Clara Hughes

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Your essential daily news | WEDNESDAY, JANUARY 27, 2016

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Lou's got mail

THE PROVINCE

Premier's spouse given a government account

Ryan Tumilty
Metro | Edmonton

The Alberta government has given Premier Rachel Notley's husband a government email and access to her calendar in an arrangement critics say is inappropriate.

Lou Arab, who works in the communications office of the Canadian Union of Public Employees (CUPE), is listed in the government's private online directory as being connected to executive council and reporting to Brian Topp, Notley's chief of staff.

Cheryl Oates, spokeswoman for Notley, said the account is innocuous. "It is not an uncommon thing. The premier's spouse often gets an Outlook account so he can see her calendar," she said.

But Wildrose leader Brian Jean said Arab's access to Notley's calendar raises red flags. "I don't think we need to light our hair on fire, but Albertans do need to be confident that nothing is happening."

In June, Notley came under fire when reporters left a voicemail for Arab about a CUPE press release but had the call returned by Oates.

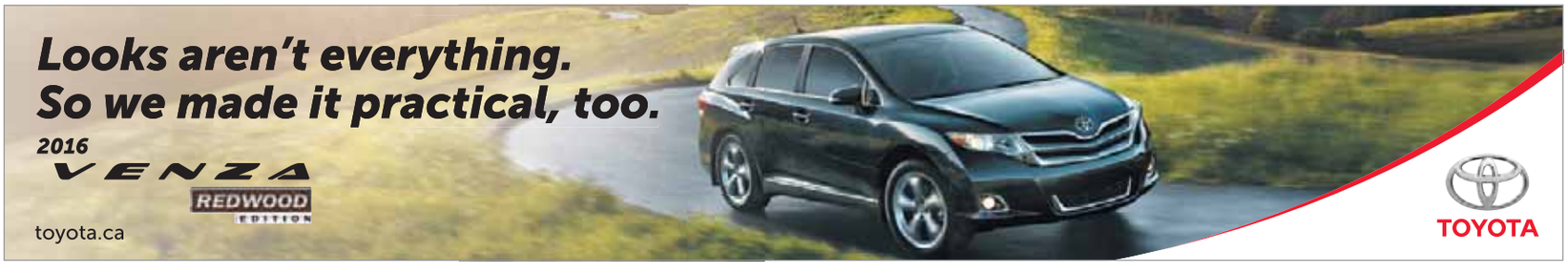
"He is a senior official in CUPE and CUPE is a stakeholder that is very interested in what the government does," Jean said.

Oates said the access has nothing to do with Arab's work for CUPE. "He's not a lobbyist. He's given access to the calendar as her spouse," she said. "His position doesn't play a role in that."

RALLY CRY

Madison Colbow was among those marching through campus on Monday.
JEREMY SIMES/FOR METRO

SAIT Trojans team up to shatter mental health stigma metroNEWS



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metro NEWS
Your essential daily news

Still three minutes to midnight: Doomsday clock doesn't budge.

HEALTH

War on fentanyl beefed up

The Calgary Police Service said they continue to be baffled by the fentanyl health crisis in the city, and how to properly attack it.

"I've said it to anybody who will listen — this isn't a problem we are going to arrest our way through," said police Chief Roger Chaffin.

Deputy Chief Trevor Daroux said the death and crime surrounding fentanyl, which has taken more than 213 lives across Alberta, is a multi-faceted issue.

"We have to look at ways to couple our prevention and intervention strategies."

Staff Sgt. Jason Walker presented an update on the issue to the Calgary Police Commission Tuesday, and said CPS is doing everything they can to get in front of the problem.

"A couple years ago we started seizing fentanyl, but we didn't know what it was, and neither did the labs," he said. "So now we're playing catch-up."

Walker said the organized crime groups that are processing the drug have "no idea" what they're producing, and said those selling it are making more money than they have ever seen from a street drug.

"We've never seen a drug with this kind of profitability, ever," he said. "They could be making millions."

The report said that CPS is pursuing two provincial grants totaling $40,000 that would enable them to further support awareness and education of fentanyl.

LUCIE EDWARDSON/METRO

Police cracking down on own dangerous driving

AUDIT

Fleet cars speeding down 68% since 2010

Lucie Edwardson
Metro | Calgary

Calgary Police are already experiencing positive results after an audit into driving culture among their ranks — and they expect the trend to continue with accountability at the forefront.

The audit was a result of a presentation to the CPS and the Calgary Police Commission about CPS's Automated Traffic Enforcement Program, and asked police to review CPS's photo enforcement program.

Superintendent Mike Worden presented the audit results to the police commission Tuesday. He said the objective of the audit was to make sure officers driving fleet cars were doing so safely and to find ways to improve the management and safety of the fleet.

"Everyone will be working off the same playbook," he said. "So, there will be consistent accountability as well as standards of discipline."

Since 2010, CPS has seen a 68 per cent reduction in vehicles captured on automated enforcement. Although Worden said there is still room for improvement, the number will never reach zero.

Worden said all police vehicles photographed with a speed on green camera or red light camera are reviewed. The driver of the vehicle then fills out a Driver Response Form, where they must justify their actions.

Justifications can include pursuit of a suspect as well as responding to emergency calls.

"Although we want to get our unjustified numbers down to zero, we will never be at zero because officers still need to respond to those calls that are justified appropriately," he said.

Calgary police Chief Roger Chaffin said although currently in the pilot project, CPS will be using telematic events technology to make sure officers are driving safely. The technology will be able to tell when an officer began speeding as well as things like how hard they are breaking.

"We intend to use technologies to help us monitor and we believe we can change behaviours of officers making bad decisions while driving through this program," he said.

CPS released numbers Tuesday on how many police vehicles have been caught speeding on photo radar and on traffic camera. METRO FILE

1,587

The number of vehicles captured on automated enforcement in 2015 (90% of which were justified), as compared to 4,903 in 2010.

PUNISHMENT

All CPS officers begin with 0 internal demerit points. When they reach 5 they could lose their driving privileges — or their job.

POLITICS

NDP slammed for late report

Jeremy Simes
For Metro | Calgary

The Wildrose is slamming the NDP for Alberta Health Service's delay in providing health-care performance measures.

The Q2 report — which analyzes hospital performances from July to September — would normally be available to the public in September. It's now January.

Drew Barnes, Wildrose health critic, said the delay means there will be less public scrutiny of wait-times and patient outcomes.

"Even if we received those numbers today, they'd be a full quarter out of date. It's unacceptable," he said.

"We've seen the last government soften or eliminate the performance measurements. And this government not providing (performance measures) on a timely basis."

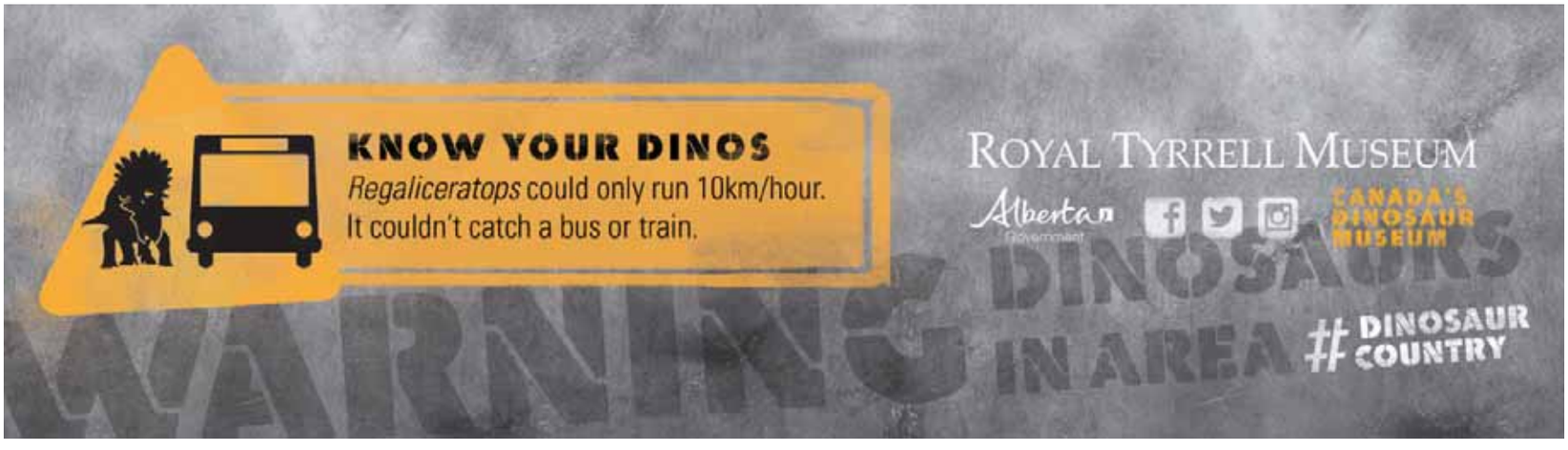
In a statement, Health Minister Sarah Hoffman said the government didn't delay the Q2 report.

Rather, she said AHS's new board needed time to set up committees and receive the report, which caused the delay.

"AHS has let my office know that the performance measures will be up soon," she said.

"Now that the board is up and running, we can expect future updates to be more timely."

The Q2 report should be available online within days, she added.



Police seize over 600 fentanyl pills in bust

DRUG TRAFFICKING

Investigation a significant hit against local dealers: CPS

Lucie Edwardson
Metro | Calgary

Calgary police have seized hundreds of fentanyl pulls, body armour, cash and other narcotics during a bust targeting drug traffickers in the city's northeast.

Staff Sgt. Brad Moore said police believe this drug activity is at the core of much of the violence seen in Calgary in the last year.

"The ongoing violence in and around Calgary is the result of a drug turf war, for the most part," said Moore. "These dealers are trying to establish territory where they can conduct their business and be successful in their business, and as they start crossing paths with each other that is when the violence starts to occur."

The District 5 Operations Team arrested a man late last week, alleged to be involved in a significant dial-a-dope operation. The suspect was arrested last Wednesday and a search of his vehicle turned up methadone, cash and 606 fentanyl pills worth an estimated $18,000, said Moore.

"From a street level and a dial-a-dope operation this is a significant bust," he said. "When you look at 606 fentanyl pills, we have done a substantial hit into ... localized drug trafficking"

The seizure included nearly $23,000 cash, 23 OxyContin pills worth $1,840, cocaine, methadone and marijuana, two sets of body armour, bear spray and ammunition

Ismail Abdulbaki, 34, of Calgary faces several drug-related offences as well as charges under the provincial Body Armour Control Act.

Staff Sgt. Brad Moore holds $20,00 in seized cash, as well as 606 fentanyl pills and ammunition. LUCIE EDWARDSON/METRO

MUNICIPAL SERVICES

Mayors, province discuss priorities

The mayors of Calgary and Edmonton say they are working more closely with the province in the hope of improving services without spending lots of new money.

Naheed Nenshi and Don Iveson met with the NDP cabinet Tuesday in Edmonton.

Nenshi said they talked about collaborating on ways to bolster transit, policing and housing, as well as on ways to reduce poverty.

Iveson said improvements in housing for the poor could save the province money by reducing health care and justice system costs.

> **Investments in affordable housing can save you money in health care.**
> Naheed Nenshi

One idea, he suggested, is to allow cities to finance projects with the province.

Giving the cities more taxation powers was not on the table.

Nenshi said some of these ideas could come to fruition over the next year to 18 months.

"We are saying investments in affordable housing can save you money in health care, can save you money in policing," Nenshi said Tuesday. "It costs about $100,000 per year to keep someone in the shelter system."

Municipal Affairs Minister Danielle Larivee said the sluggish economy will have a bearing on how quickly the province can move on these ideas.

"Given the current fiscal concerns with the province we are definitely talking more about non-monetary partnerships at this point," she said.

Larivee said the province will work with the cities on infrastructure projects.

The Alberta government has been talking for years about creating charters for its two largest cities to give them more power to deal with growth pressures.

Discussions have focused on ways to give cities more autonomy and authority to deal with municipal issues.

The city charter idea was launched in 2012 by former premier Alison Redford.

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Principals set the principles

CALGARY BOARD OF EDUCATION

16 revamped or new schools open in '16-17

Aaron Chatha
Metro | Calgary

While construction workers pour the concrete for new schools opening in the next school year, the newly selected principals of those schools are laying a foundation of their own.

The Calgary Board of Education has selected 16 principals to lead the new schools and school modernizations opening in the 2016-17 school year. Nine will open in September, with seven anticipated to open next January.

> **Relationship is the foundation to everything.**
> Lorraine Kinsman

For Lorraine Kinsman, this will be the second school she's opening, following Cranston School in 2010.

The second time around, she'll be heading up Eric Harvey School in Tuscany. Kinsman said she already knows what her first priority will be.

"There's about a million challenges," she explained. "The biggest one for me is the building of relationship in the community. Relationship is the foundation to everything."

Kinsman also said she is ready to support students in finding their identities. The Alberta government has mandated school boards in the province create policy to protect LGBTQ youth from discrimination. The public board is expected to have a draft of its policy finished in February. For Kinsman, supporting students has become standard practice.

"In a K-4 school, it isn't nearly the political issue that it is in the older grades," she said. "They're little kids, they're just trying to figure out who they are. We don't question that, we just love them and support them in whatever they are."

Chief Supt. David Stevenson said all principals will have support teams available to them whenever issues with sexual expression and identity come up.

However, until the schools open, the principals' primary challenge will be hiring new staff, and getting input from parents and community members.

In 2015, the education minister revealed 101 school projects in Alberta would be facing delays, Stevenson said. With the possible exception of one of the schools opening in January, none of the school projects in the upcoming school year were affected.

Lorraine Kinsman will be helping open her second CBE school as principal. The first was Cranston School in 2010, and next will be Eric Harvey. AARON CHATHA/METRO

TOP PRINCIPALS IN CANADA: THREE FROM CALGARY

Calgary is home to three of Canada's most outstanding principals for 2016.

Forty principals will be receiving the Outstanding Principals award nationwide.

The Calgary winners are Deana Helton from Bishop McNally High School, Kevin Deforge from St. Dominic School and Christine Meadon, former principal of Robert Thirsk School.

The winners will receive their awards on Feb. 23 in Toronto, at an event hosted by The Learning Partnership, and will be invited to a five-day executive leadership training program at the University of Toronto.

"The strength of our world-renowned public education system is built on great principals, who are educators, managers and leaders in their schools and communities," says Akela Peoples, President of The Learning Partnership.

Principals throughout Canada were nominated by school staff and community members, under criteria including leadership, innovation and partnership with communities. AARON CHATHA/METRO

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2012 KILLINGS

Murder charges will stand against Vader

A judge has ruled that charges against a man accused in the mysterious deaths of two Alberta seniors will stand, even though the RCMP made serious errors and prosecutors didn't get the suspect to trial quickly.

Justice Denny Thomas said Tuesday that lawyers for Travis Vader failed to prove the case should be dropped because it didn't get to trial in a reasonable time.

Vader was charged in 2012 with first-degree murder in the deaths of Lyle and Marie McCann. The McCanns, in their late 70s, were last seen fuelling up their motorhome two years earlier in their hometown of St. Albert, just north of Edmonton. Their bodies have never been found.

The charges against Vader were stayed days before a trial in 2014, but were reactivated by the Crown nine months later. A trial is now set to begin March 8. THE CANADIAN PRESS

IN BRIEF

Census jobs available

The city may have a job for you as a census taker.

Application forms are available online at calgary.ca/census. They can be downloaded and brought in person to 103 55th Avenue NE until Feb. 29. A skills assessment is completed in person at the time of application.

Applicants must be at least 18, available to conduct census collection by late April, and able to walk in seasonable weather conditions. METRO

A Forensic Crime Scenes Unit vehicle was parked outside a Cranston home Tuesday morning. Police found a woman dead inside the home. BRODIE THOMAS / METRO

Woman's death called suspicious

CRANSTON

Ex-husband spoke to police after failing to contact her

Lucie Edwardson
Metro | Calgary

Calgary police are on scene at a home in southeast Calgary where they have confirmed they're investigating a suspicious death.

Police were called to residence around 2 p.m. Sunday, after reports of an individual collapsing at a home in the 200 block of Cramond Close SE.

The deceased has been identified as Cindy Enger, 51, of Calgary.

The autopsy determined the death is suspicious, however investigators are waiting for further testing to confirm how she died.

Police would not say anything about the manner of her death, or if it was violent.

Staff Sgt. Doug Andrus of the Calgary Police Homicide Unit said they investigated the home based on a call from the woman's ex-husband. The two shared custody of a child.

"The (ex-)husband was attempting to drop the son off at the residence over the weekend, he was unable to contact her and became concerned. He contacted the Calgary Police Service on Sunday, we attended the residence and found it secure so we had to force our way into the residence and we found her inside," he said.

Police have learned that Enger moved into the Cranston area in 2006 and had approximately 20 tenants live with her over the past 10 years. Investigators would like to speak with those tenants and are asking anyone who lived with Enger to contact police.

At this time, the tenants are considered witnesses, not suspects.

"What we're looking for is to see if she had any difficulty with anyone in the past — maybe somebody who left the residence on difficult circumstances or terms," said Andrus.

The medical examiner remains on scene and police have cordoned off a small area surrounding the home. They expect to remain there for another day.

EMPLOYMENT

Job losses worst since 1982: StatsCan

Alberta lost more jobs last year than in any year since 1982, when the province was in the throes of a deep recession, Statistics Canada said Tuesday.

The government agency released revised figures showing that Alberta had a net loss of 19,600 jobs in 2015, up from the 14,600 job losses it estimated in early January.

That was much higher than the 17,200 jobs lost in 2009 and the most since 1982, when the province shed 45,000 jobs. At that time, the province was reeling from a recession and the federally-imposed national energy program, ending the year with an unemployment rate of 10.3 per cent.

$53

Crude prices at the beginning of last year. They closed Tuesday at $31.45 US a barrel.

The figures put into stark relief the damage falling oil prices have left on the province's economy, which has seen mass layoffs across the energy sector with an estimated 40,000 jobs lost.

The job loss numbers are also a stark contrast to 2014, when Alberta added 63,700 positions — more than half of all jobs created in Canada that year.

"Alberta is, in effect, ground zero when it comes to absorbing a commodity price shock," National Bank said in a note to clients last week. "More than any province, it will take the brunt of the expected drop-off in business investment."

Last year saw the province's unemployment rate steadily climb from 4.8 per cent to seven per cent as the anticipated recovery in oil prices failed to materialize.

THE CANADIAN PRESS

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Rockin' 4 Dollars celebrates one year

ENTERTAINMENT

Wild open-mic night throwing birthday bash

Helen Pike
Metro | Calgary

Calgary's wildest and weirdest open mic has spun its way to a milestone and brought the local scene a year of music we won't soon forget. Rockin' 4 Dollars, an open mic-gameshow combo, is ringing in its first birthday with cake, booze and music-mayhem Wednesday with a full roster of locally-known and little-known acts to celebrate.

For their first year host BJ Downey estimates they've put on 260 hours of music performed by over 125 bands giving out $5,600 in prize money.

For R4$ rookies, the night isn't easily explained. It's a raucous celebration of good, mediocre and terrible music as 12 bands take to the stage to play through 15-minute sets — sometimes slapped together that same day. Once the performances are through, every band spins a wheel for the chance to win an array of cheeky prizes, including a wad of cash.

"Three bands won $1,000 bucks," said Downey.

There aren't many $3 open-mic nights in this city that can boast star lineups like The Dudes, Viet Cong or Florida's own Stitches while a member of Elliott Brood watches in the audience while also being the birthplace of over 12 new bands this year.

Danny Vacon of the Dudes, among other Calgary-born acts, describes the night as "beautiful chaos" adding it's an important part of the local scene.

Matt Mosley, right, and BJ Downey stand by their Rockin' 4 Dollars wheel. HELEN PIKE/METRO

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READY TO ENGAGE

Anti-transit group wants city apology

Brodie Thomas
Metro | Calgary

Ready To Engage is demanding an apology from two city councillors because of leaflets the city sent out to residents of the southwest.

Those leaflets warn of "misinformation" from unnamed groups about the city's southwest transitway project, which would see increased bus service and bus-only lanes constructed in certain parts of the quadrant.

"Our very own elected officials, the ones who should be our voice on city council and protecting our interests are the very ones who are disrespecting us," said spokesperson Rick Donkers in a release.

"The City of Calgary is accusing us of spreading misinformation when our information is derived from the few city-sourced documents of which we have actually been able to receive a copy." At stake is traffic flow around 90th Avenue SW and 14th Street SW, which is already congested during rush hour. The city says the project will help, but Ready to Engage disagrees.

> **The City of Calgary is accusing us of spreading misinformation.**
> Ready To Engage spokesperson Rick Donkers

Ready to Engage's release points the finger at Couns. Brian Pincott and Diane Colley-Urquhart for not listening to the concerns of their ward residents. When contacted, Pincott said he hadn't seen the group's release and did not have any comment.

Colley-Urquhart did not respond to messages. The group insists there has been no consultation on the project and that it was approved five years ago.

Council-approved projects often get shelved for several years if bids come in over tender. Mayor Naheed Nenshi spoke to the fact this had been approved at council on Monday.

"This is a project that's been conceptualized for many, many, many years," Nenshi said. "It was unanimously approved by council in 2011, and then was included in Route Ahead, and has been funded now in our most recent capital budget. From council's view, we're done."

PEACE RIVER

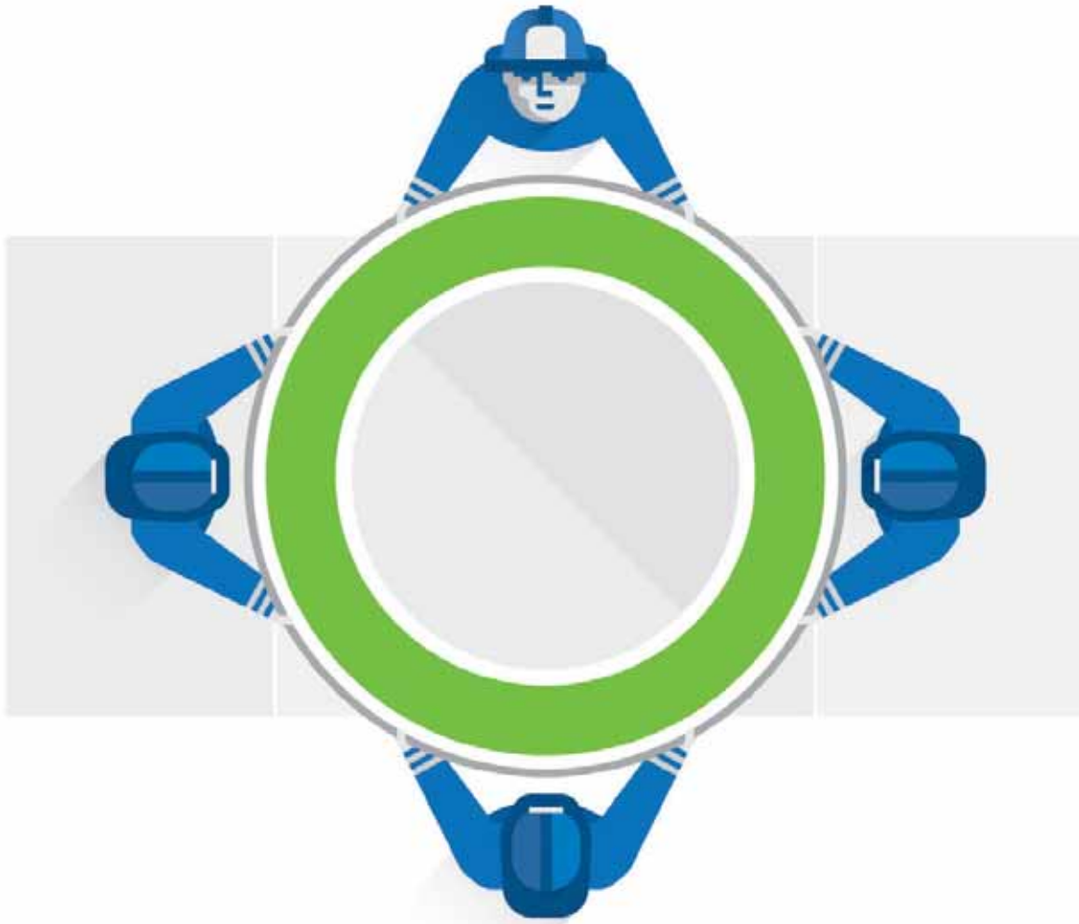
Prisoner's dramatic escape short lived, say police

It was a scene right out of a TV crime drama when an armed, masked gunman stopped two Alberta correctional officers Monday and freed a prisoner on his way to a medical appointment.

Mounties say guards were escorting Harley John Lay, 29, to the hospital in Peace River when they were confronted in the hospital parking lot.

The gunman and Lay jumped into a minivan driven by a third man and the trio hightailed it out of town. Their flight from the law was short-lived — RCMP pulled over a vehicle at 11:30 a.m. Tuesday near Fort Nelson, B. C., and arrested Lay and two other individuals.

Peace River RCMP Const. Nicole Viergutz said Lay "does have matters before the courts," but declined to discuss his background further. Court records indicate he has charges for unlawful confinement among others and has previously served time for drug trafficking. THE CANADIAN PRESS



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HIGH RIVER

Town still impaired by major flooding

A community badly hit by flooding that swept through southern Alberta in 2013 says hundreds of damage claims still have not been resolved.

The Town of High River has issued a report called "Finish The Job — Fix the System" that lists what it calls systemic failings of Alberta's Disaster Recovery Program.

The report says the system needs to be overhauled to spare others the suffering that people in the area have endured before there is another major disaster.

"We want the people of Alberta to be aware of these problems so the government will be motivated to fix a broken system," Jim Ross, a spokesman for the town, said Tuesday.

The 2013 floods have been called the costliest natural disaster in Canadian history, prompting promises from the provincial and federal governments for swift action.

The High River area was particularly hard hit, with the floodwaters forcing more than 13,000 people from their homes and businesses.

The report calls on the government to resolve all outstanding damage claims by June 20 and all appeals settled by the end of the year.

It also recommends a complete external review of the program "to address significant failures" experienced in how it responded to the floods.

THE CANADIAN PRESS

Making noise to break stigma

CAMPAIGN

SAIT student's pep rally helps spread word on mental health

Jeremy Simes
For Metro | Calgary

Sara Pauls is working to break the mental health stigma for her twin brother, Matt.

Sara, who plays on SAIT's women's volleyball team, was among dozens of cheering Trojans Monday afternoon, parading through campus for SAIT's Make Some Noise For Mental Health awareness campaign.

Matt was diagnosed with manic bipolar depression in Grade 9, Sara said.

"He was suffering with substance abuse and was going through a really tough time," she said. "He felt like he was in the dark with mental illness because it was something a lot of people don't feel like they can talk about."

Matt's diagnosis and substance abuse took a toll on the Pauls family, Sara said.

"It was really hard," Sara said. "I was leaving for my first year of college and he was being sent to that institution in Nanaimo."

She said many were ignorant to Matt's situation — they thought he could quickly change mental well being.

"It's not like that," she said. "It's like any other disease — he has no ways of controlling that, so it was hard to see him feel like he was put down.

Sara Pauls was inked with a semicolon tattoo in support of her brother, Matt. JEREMY SIMES/FOR METRO

> **I could not go through what he's going through. I'm just as equally as proud of him as he is of me.**
> Sara Pauls on her brother's mental illness

"I feel like that put more pressure on my family. It's hard to understand (mental illness) unless you're seeing it like we did or being in someone's shoes."

Pauls and her parents got semicolon tattoos to honour Matt. The tattoo represents a year someone has gone through forms of mental illness.

She said it's been hard to leave her family in Canmore, though she knows Matt wouldn't have had it any other way.

"I know he would want me to play here at SAIT — he knew how hard I worked to get a spot here," she said.

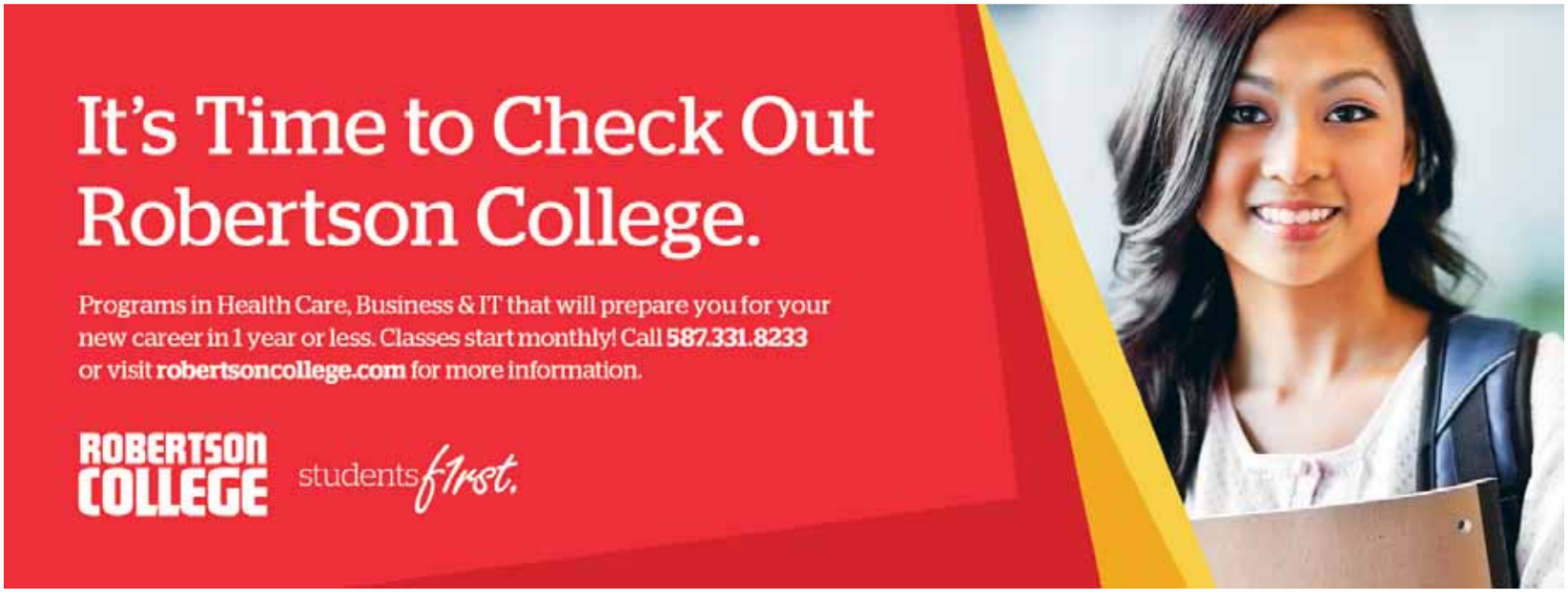
Matt was recently discharged from rehab, Sara added. And he's been clean.

"I could not go through what he's going through," she said. "I'm just as equally as proud of him as he is of me.

"It's made our family extremely closer. It's like we can go through anything."

She said talking about mental health helps reduce the stigma.

"Today is just one step closer to making this something that's okay."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WOOD AUTOMOTIVE GROUP

Never too young for big dreams

EDUCATION

Entrepreneurs' group joins teachers to inspire kids

Aaron Chatha
Metro | Calgary

The most important lesson to be a successful entrepreneur isn't found in a business class — it's in an English class.

That's what Jim Gibson, board member of Startup Calgary, told 200 Grade 8 students at the Mountain Park Middle School on Tuesday. He explained that storytelling, with a beginning, middle and end, is vital to pitching ideas successfully.

"You can have great ideas and be super-passionate, but you have to be able get people to understand what you're talking about and get excited about it too," he said.

Passion is something the students have in abundance.

Gibson was among a number of entrepreneurs that spoke to the students, who have been learning about how to start a business and grow an idea, with the help of their teachers.

Wendy Wasylciw and Melony O'Neill have been helping their students create ideas, and reach out to experts in Canada to see how realistic their goals are, through a partnership with Startup Calgary.

"They're going for the moon and we as teachers, we give them as much expertise as we can, but I'm not an engineer," said Wasylciw. "So, we've been working with them to connect with experts in the community."

Projects the students are working on include: LED wallpaper that is touch-sensitive, a renaissance makeup line, a houseboat that also functions as a submarine, an underwater telescope and an emergency nurse system that helps people self-diagnose in remote areas.

Students talked to groups such as Doctors Without Borders to get feedback on how to move their ideas forward. In some cases, like the underwater telescope, students were told their idea was simply not plausible.

> **Every one of us has great ideas and opportunities.**
> Jim Gibson, board member of Startup Calgary

"One of the biggest lessons we find kids are learning is what happens when your plans, your dreams fail?" said O'Neill. "What do we do with false starts?"

Gibson stressed that Grade 8 is an excellent time to get students thinking about starting their own businesses.

It's an important step to diversifying Calgary's economy, he said, so one day it may not be known primarily as an oil and gas city.

"Every one of us has great ideas and opportunities, and the future economy is going to be built far more on people who have ideas," he said. "At a macro-economic level, diversity begins with an educated, smart workforce."

Teachers and local entrepreneurs talked with 200 Grade 8 students at **Mountain Park Middle School** on how to get their startup ideas to work — and how to handle failure. AARON CHATHA/METRO

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WOOD AUTOMOTIVE GROUP

The University of Calgary, one of the three recipients, will use the money to **allow researchers to continue to lead in near-Earth research on things such as the space weather dynamics that create aurora borealis.** AFP/GETTY IMAGES

RESEARCH

Space agency awards spacious funds

Three Canadian universities are sharing $1.4 million in funding from the Canadian Space Agency.

Four awards have been given to the University of Calgary, three to the University of Alberta and one to the University of Waterloo in Ontario.

In a news release, the University of Calgary said the money will allow researchers to continue to lead in near-Earth research on things such as the space weather dynamics that create aurora borealis.

One of the projects will push for answers to questions about how space weather interferes with GPS signals.

The average GPS user doesn't usually see much impact from space weather, but there can be more significant effects in surveying, mapping, hydrography, aviation and military operations.

The University of Calgary said such space weather disturbances are a bigger problem for Canada than for other countries, because of the country's northerly location.

KEY PROJECTS

The other three University of Calgary projects will focus on the high-energy electrons and other charged particles that rain down into the upper atmosphere during geomagnetic storms.

"This latest CSA support enables University of Calgary researchers — focused on New Earth-Space discovery and development — to continue to lead internationally," said Ed McCauley, the university's vice-president of research.

"This research is resulting in better sensors and sensor webs for environmental monitoring and Global Navigation Satellite Systems as part of this key research priority."

THE CANADIAN PRESS

Canada urged to tackle sex abuse in UN

REFORM

Group aims for independent board to lead peacekeeping

With the Trudeau Liberals pledging a return to peacekeeping, Canada is being urged to play a leading role in stamping out what is being described as rampant sexual abuse by United Nations peacekeepers.

Stephen Lewis, a former Canadian ambassador to the UN, is one of the leaders of an international coalition for the creation of an independent management board to oversee UN peacekeeping.

Lewis, co-chairman of the Code Blue coalition, wants Canada to lead the charge in UN corridors to wrestle control of peacekeeping away from the UN and place it with an independent board, similar to a bankruptcy trustee.

Lewis and others are accusing top UN brass of turning a blind eye to systemic sexual abuse by peacekeepers.

The coalition has been calling for UN reform following the scandal that erupted last year in the Central African Republic with child sex abuse allegations against French soldiers involving boys as young as 9.

Another Canadian, retired Supreme Court justice Marie Deschamps, co-authored a report released last month that accused the UN of a "gross institutional failure" because of how it responded to the abuse allegations.

UN Secretary General Ban Ki-moon commissioned Deschamps's report last year after Lewis's organization raised concerns about the scandal.

Lewis said the Canadian government can lead a diplomatic push to clean up peacekeeping because Prime Minister Justin Trudeau wants Canada to play a bigger role in future missions, while re-engaging more broadly with the UN.

"I think that Canada has a very considerable role to play in making certain that sexual exploitation and abuse is high on the agenda of what we do around peacekeeping hereafter."

THE CANADIAN PRESS

SUPPORT

Canada is still one of the top 10 financial supporters of UN peacekeeping missions, but Prime Minister Justin Trudeau has said he wants to see Canadian troops playing a more active role in future missions.

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‘This is a good day’

CHILD WELFARE

New hope for the indigenous population in tribunal ruling

The federal government discriminated against children on reserves in its funding of child welfare services, the Canadian Human Rights Tribunal said in a landmark ruling Tuesday.

The quasi-judicial body published its findings nine years after a complaint from the Assembly of First Nations and The First Nations Child and Family Caring Society of Canada, which argued the federal government failed to provide First Nations children with the same level of services that exist elsewhere.

In the decision, which is considered legally binding, the tribunal found First Nations are adversely impacted by the services provided by the government and, in some cases, denied services as a result of the government’s involvement.

“The panel acknowledges the suffering of those First Nations children and families who are or have been denied an equitable opportunity to remain together or to be reunited in a timely manner,” the ruling said.

Cindy Blackstock, executive director of the The First Nations Child and Family Caring Society of Canada, said the decision marks a great day for First Nations children and for Canadians who believe in justice and fairness.

She is urging the federal government to take immediate action, adding she will be watching to see how Prime Minister Justin Trudeau responds, given his commitment to implement all 94 recommendations from the Truth and Reconciliation Commission.

The commission, which spent six years documenting the painful residential school legacy, called on all levels of government to reduce the number of aboriginal children taken into care by providing adequate resources for communities and child-welfare organizations.

The Liberal government was not surprised by the ruling, said Wilson-Raybould, noting it is committed to acting on the child welfare issue and to working toward a nation-to-nation relationship with Canada’s indigenous peoples.

“This is a good day,” she said.

THE CANADIAN PRESS

Assembly of First Nations National Chief Perry Bellegarde looks on as **Cindy Blackstock speaks about discrimination against First Nations children in care**, during a news conference in Ottawa on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS

> **We need to make sure these children get what they need immediately.**
> Cindy Blackstock

Oxford dictionaries ‘sexist’: PhD student

Michael Oman-Reagan CONTRIBUTED

Is Oxford Dictionaries perpetuating sexist stereotypes?

That’s the question asked by Memorial University of Newfoundland PhD student Michael Oman-Reagan, who has criticized the dictionary’s use of what he calls “explicitly sexist” examples.

The word rabid, for example, comes with the usage example “rabid feminist,” according to the entry at OxfordDictionaries.com, while grating is explained with the phrase, “her high, grating voice.”

Oman-Reagan, an anthropologist, also critiqued the examples used for words that don’t need to be gendered, such as housework (“she still does all the housework”), shrill (“the rising shrill of women’s voices”) and psyche (“I will never really fathom the female psyche.”)

“When Oxford editorially selects example sentences reproducing sexist stereotypes, they are making implicit, prescriptive statements about gender and language,” he wrote in a recent post at Medium.com.

TORSTAR NEWS SERVICE

IN BRIEF

LGBTQ Conservatives seek policy reform

A group of LGBTQ Conservatives, LGBTory, want the party to change its stance on marriage equality and they’re asking interim leader Rona Ambrose for help. That policy, re-affirmed in 2013, argues parliament, not the courts, should define marriage. METRO

Terry Fox’s father falls ill

Terry Fox devoted his life to raising money for cancer research and now his father has been diagnosed with the disease. The family announced Tuesday on the Terry Fox Foundation website that 80-year-old Rolland Fox, known as Rolly, was recently diagnosed with lung cancer. THE CANADIAN PRESS

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Rodrigo Fructuoso, 4, cuddles his baby sister Isabela in northeastern Brazil. Isabela was born on Nov. 4, 2015 with microcephaly, a rare neurological condition where babies have small heads and incomplete brain development. CONTRIBUTED

Thiago Fructuoso, a petroleum engineer living in northeastern Brazil, cradles his daughter, Isabela. CONTRIBUTED

A haunting diagnosis

BRAZIL

Family faces microcephaly, Zika virus

Last spring, weeks after moving home to Brazil, Larissa Fructuoso developed a rash, like "red needle points on the skin."

She and her husband Thiago worried — they were three months pregnant — but it passed and the rash was forgotten.

It was months later that they realized a mosquito's bite may have changed their baby's life forever. "(We got) a microcephaly diagnosis," said Thiago, a 31-year-old engineer. "The first reaction of the doctor was to ask us: did we get Zika virus?"

Zika is a virus spread by mosquito and first identified in Uganda in 1947. Since emerging in Brazil last spring, the virus has exploded across the Americas, spreading to at least 22 other countries and territories.

The symptoms tend to be mild and it's estimated just one in four people show signs of infection. There is no vaccine or treatment.

Microcephaly is a condition where babies are born with small heads and incompletely formed brains. It had never been linked to Zika until doctors started noticing a dramatic rise in babies with brain malformations.

When Larissa became sick, the couple's first fear was dengue, a potentially fatal disease also spread by the aegypti. The Zika diagnosis was actually a relief and Larissa recovered after three days.

"My friends living here ... they said 'That's OK. Everybody got Zika here,'" Thiago said. "It's not a big deal."

Later, with the microcephaly diagnosis, Larissa cried for days. The couple had no idea what it would mean for their baby.

Some babies with microcephaly grow up to have normal intelligence and development. Others suffer serious developmental delays, dwarfism or seizures. Dr. Gustavo Malinger, an expert, said babies he saw faced severe mental handicaps with "no chances of intellect."

As Larissa's due date approached, doctors prepped them for the worst. On Nov. 4, 2015, Isabela was born with no major problems. Her head circumference was 31 centimetres — just shy of the 32-centimetre threshold set by Brazil's health ministry in their definition of microcephaly.

4,000

Number of microcephaly cases since late October.

"My wife cried again," Thiago said. "It was real now and it was here."

Some doctors say Isabela's brain shows signs of malformation and will never reach the final stages of development. Others say it's too early to predict.

Isabela is developing normally for a three-month-old. She is crying, laughing and smiling — all good signs. TORSTAR NEWS SERVICE

What is being done

1. **Vaccines**: The U.S. is beginning research into a vaccine for Zika. However, vaccine development typically takes years.

2. **Troops**: Brazil's health minister says the country is sending some 220,000 troops to battle the mosquito blamed for spreading microcephaly — but he also says Brazil is "badly losing the battle against the mosquito."

3. **Flights**: Latin America's largest airline says it's waiving cancellation or flight-change fees for pregnant women who want to cancel flights to countries where Zika is present.

REFUGEE CRISIS

Denmark will keep seizing valuables

Danish lawmakers voted Tuesday to let police seize valuables worth more than $1,500 from asylum-seekers to help cover their housing and food costs while their cases are being processed.

After more than three hours of debate, the minority Liberal Party government's bill was adopted in an 81-27 vote, with the support of the opposition Social Democrats and the anti-immigration Danish People's Party — Denmark's two largest parties. Seventy lawmakers were absent.

Amendments were made, including raising the value of items asylum-seekers can keep from 3,000 kroner ($440) to 10,000 kroner ($1,500). That brings it in line with welfare rules for Danes, who must sell assets worth more than 10,000 kroner before they can receive social benefits.

Denmark received about 20,000 asylum-seekers last year, one of the highest rates per capita in the EU. "We are talking about a real exodus," said Martin Henriksen, immigration spokesman for the populist Danish People's Party. "More needs to be done: we need more border controls. We need tighter immigration rules." THE ASSOCIATED PRESS

GERMANY

Germany proposes creating up to 500,000 short-term jobs to help Syrian refugees survive in overburdened Mideast host countries, the minister for economic cooperation said during a visit to Jordan. Germany would initially contribute 200 million euros and would ask other donors to contribute.

IN BRIEF

3 charged after lion prowls Dubai neighbourhood

Three people have been charged with public endangerment after a lioness escaped from a home in Dubai and prowled the streets for hours. A local newspaper reported the owner, buyer and middleman were charged. The lioness was taken to the zoo.

It's mostly illegal to keep endangered or threatened wildlife as pets in the United Arab Emirates though exceptions are made for the ruling family or anyone who with a permit. THE ASSOCIATED PRESS

Shots fired at San Diego Navy medical centre

Military authorities responded Tuesday to a report of gunshots at a building on the campus Naval Medical Center San Diego.

The shots were heard in a building that houses offices and barracks for wounded sailors and Marines as well as a gym, said spokesman Mike Alvarez.

All non-emergency personnel were asked to stay away from the area.

"We're not taking any chances," Alvarez said. THE ASSOCIATED PRESS

CLIMATE

Temperatures in Far East go far south

After sweating through unseasonably high temperatures last week, residents of semi-tropical Thailand have had to scavenge through their closets for sweaters and scarves to keep the chill off their bones.

Much of the rest of Asia was also shivering.

In Hong Kong, the mercury dipped to its lowest in six decades. The rest of southern China also recorded unusually cold weather, with record-breaking low temperatures in many places.

In Vietnam's capital, Hanoi, the temperature dropped to 5.4 C, the lowest since 1977. Meteorologists said mountaintop snowfalls across a dozen northern provinces were unprecedented.

Temperatures in Bangkok, Thailand's capital, hit an unseasonably high 34.6 C on Saturday only to plunge to a low of 16.1 C on Monday. The weather was still cool on Tuesday, and Bangkok residents could be seen wearing jackets and wool caps.

Schools in Bangkok advised parents to bundle up their little ones with extra warm clothing.

At piers along the banks of the Chao Phraya River, where packs of dogs cozy up to friendly tourists and vendors grilling food, some canines were dressed up in old shirts and discarded blankets, the work of a kind volunteer caretaker.

In Japan, the unusual cold brought sleet as far south as Okinawa, a subtropical island. Another southern island, Amami-Oshima, recorded its first snow in more than a century.

Record snowfalls hit Nagasaki and other cities in Kyushu, the southernmost of Japan's four main islands. THE ASSOCIATED PRESS

Tourists walk past snowy trees in northeast China. STR/AFP/GETTY

‘Comfort women’ reject deal

Kang Il-chul, who was abused by Japan’s wartime military-run brothel system, speaks at a press conference in Tokyo, Tuesday. SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

SECOND WORLD WAR

Former sex slaves in Japan to demand direct apology

Two elderly South Korean women abused by Japan’s wartime military-run brothel system are in Japan to reject a recent settlement agreement between the two governments and demand that Prime Minister Shinzo Abe give them a face-to-face apology and formal compensation.

Lee Ok-sun, 88, and Kang Il-chul, 87, told reporters Tuesday that the agreement neglected the victims’ feelings and was “wrong.”

They are among tens of thousands of Asian women sexually abused in Japan’s military-run brothel system during the Second World War. Lee and Kang were forcibly sent to China when they were teenagers in the early 1940s and could not return to their homes until decades later.

Lee and Kang said neither government had asked their opinion ahead of the agreement, which they said was a clear sign they were disregarded. They noted that Abe had not directly apologized to them in his own words, and that Japan stated that its pledge in the agreement to set up a fund was not compensation but for humanitarian purposes.

Lee and Kang now live at a private shelter, the House of Sharing, with eight other victims. Of the 238 South Korean women who were formally recognized as victims of Japan’s wartime sex abuse, only 46 are still alive — most of them in their late 80s and 90s.

“It seems as if (Abe) is waiting until all the victims are gone,” Lee said. But we will never die.” THE ASSOCIATED PRESS

MEXICO

‘Affluenza’ fugitive to face trial in Texas

The Mexican lawyer for a Texas teenager who used an “affluenza” defence in a fatal drunk-driving accident says his client has dropped an appeal against deportation and will return to Texas to face charges in the coming days.

Attorney Fernando Benitez said Tuesday that Ethan Couch formally ratified his decision to drop the appeal on Monday.

“I gave him several options, but he decided to go to Texas to face whatever charges he faces,” Benitez.

The appeal had led to a court injunction against Mexico’s original decision to deport Couch. Since then, he has been held at an immigration detention centre on the outskirts of Mexico City.

Benitez expects a judge to close the case Tuesday, noting that would clear the way for Couch to return to Texas in one or two days.

“I have people at the courthouse ... waiting for notification that the appeal has formally been dropped,” Benitez said. “Once the injunction is removed, they will deport Ethan in 24 or 48 hours.

He said Couch had decided not to continue with the constitutional appeal after “he reviewed the basis of the appeal in Mexico,” and because “it was in his interest” to do so.

Couch and his mother, Tonya Couch, were detained in the resort of Puerto Vallarta in December. His mother was quickly sent back to the U.S. She was released after posting bail.

Her arrest affidavit alleges that she and her 18-year-old son fled the state in December as Texas prosecutors investigated whether he had violated his probation in the case of a 2013 wreck that killed four people. Mother and son were taken into custody later that month in Puerto Vallarta, after a call for pizza delivery tipped off authorities to their whereabouts.

Tonya Couch is charged with hindering the apprehension of a felon and could face up to 10 years in prison if convicted. THE ASSOCIATED PRESS

IN BRIEF

Arrests made, one killed in Oregon militia occupation

Authorities say shots were fired Tuesday during the arrest of members of an armed group that has occupied a national wildlife refuge in Oregon for more than three weeks.

In a statement, the FBI said one individual “who was a subject of a federal probable cause arrest is deceased.” No other information about the deceased was immediately released.

The FBI said authorities arrested Ammon Bundy, 40, his brother Ryan Bundy, 43, Brian Cavalier, 44, Shawna Cox, 59, and Ryan Payne, 32, during a traffic stop on U.S. Highway 395 Tuesday afternoon. Authorities said another person, Joseph Donald O’Shaughnessy, 45, was arrested in Burns. THE ASSOCIATED PRESS

Argentina faces worst locusts in decades

Argentina’s agricultural inspection agency says it’s keeping up efforts to control a locust infestation threatening crops in at least three states.

Farmers of the Rural Confederations of Argentina told local newspaper Clarin that it is the worst locust infestation in decades.

The government has responded with a taskforce that includes state and municipal agents as well as farmers. THE ASSOCIATED PRESS

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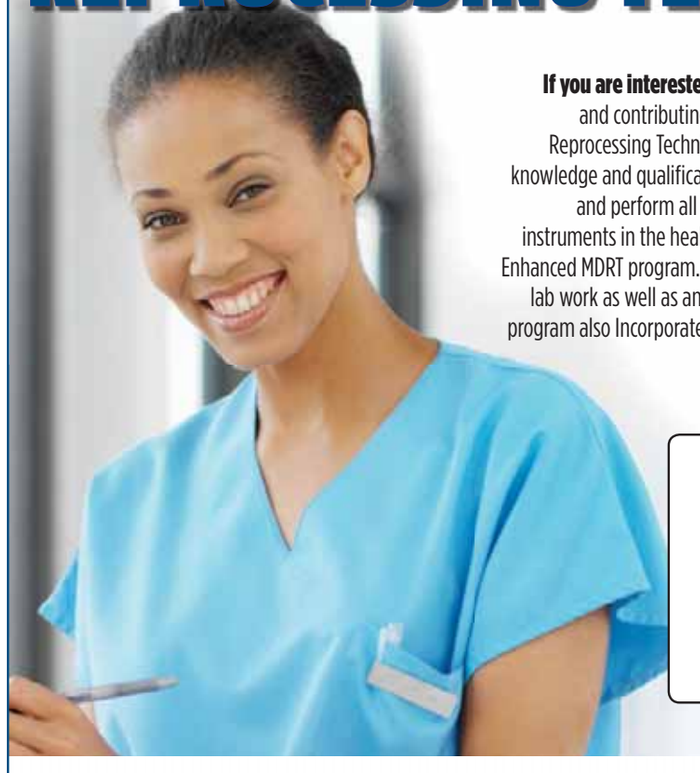

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Hilton launches new budget hotel chain

Hilton is launching a new hotel brand, focusing on budget travellers looking to spend $90 to $100 a night. Tru, aims to compete with economy and midscale chains like Comfort Inn, Fairfield Inn and La Quinta.

Hilton CEO Chris Nassetta says many of the economy and midscale chains offer an "inconsistent product and service delivery," giving Hilton the opportunity to build loyalty among younger travellers whose spending is limited right now, but could afford a more upscale location in the future.

THE ASSOCIATED PRESS

IN BRIEF

Ford recalls pickups

Ford is recalling about 391,000 Ranger pickups because the driver's air bag inflators can explode with too much force and cause injuries. The recall covers trucks from the 2004 through 2006 model years in the U.S. and Canada.

THE ASSOCIATED PRESS

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1 Cattle at the Strathmore Stockyards in Strathmore, Alta. 2 RCMP Cpl. Christian Reister, right, and Livestock Identification Services field supervisor Gary Guichon at the Strathmore Stockyards. 3 Branding irons hang on a fence at the Strathmore Stockyards.

ALL PHOTOS: JEFF MCINTOSH/THE CANADIAN PRESS

Low-down varmints still rustling cattle

ALBERTA/SASKATCHEWAN

Stealing on the rebound as livestock prices spike

It's not the Wild West but there are still low-down varmints stealing cattle and reaching into the pockets of ranchers in Alberta and Saskatchewan.

Cattle rustling has been around for ages and police say it is on the rebound in the heart of Canada's cattle industry, driven largely by ranch hands stealing livestock at a time when prices are high.

"It's still a problem today. It's like any other property, if there's value to it people are going to steal it. In recent years the value of cattle has approximately doubled," said RCMP Cpl. Christian Reister, one of Alberta's two livestock officers.

The value of that cow grazing out in the field can range from $1,500 to $2,000 apiece, which makes them particularly attractive to thieves.

Reister, 45, said the number of missing cattle in Alberta rose from 575 in 2014 to 600 in 2015. Saskatchewan's numbers for last year aren't available but there was a sizeable jump from 600 in 2013 to 1,000 in 2014.

"Some of those stats in the increase in Saskatchewan can be attributed to producers paying a little closer attention to their assets and watching their numbers a little closer," said Reister.

Reister said if cattle are stolen police usually don't need to go much further than local cowhands or neighbours. "They're inside jobs primarily — employees — some of them are neighbours. In some cases they just live close to the individuals but in all cases they are people who do have knowledge of handling cattle," he said.

> They're inside jobs primarily ... some of them are neighbours.
> RCMP Cpl. Christian Reister

"It would be pretty intimidating for someone from the city that's never had an experience handling cattle to carry out that type of theft."

Making investigations even harder is the fact only about half of producers now burn their individual brands onto the sides of the cattle. It used to be an industry norm but without it rustlers have an easier time getting away with the crime.

Gary Guichon of Livestock Investigation Services, a private company contracted by the Alberta government to do cattle inspections, says cattle without brands automatically raise suspicions.

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metro VIEWS
Your essential daily news
Wednesday, January 27, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I've never been a racist before, but I am now. It's 99.9 per cent foreigners in my neighbourhood. All the original Canadians have moved away. I feel hate and anger towards these people, and I can't deal with it. It would be very hard for me to move.

Dear Ellen,

I am a 68-year-old Canadian woman who has never been a racist before, but am now and don't know how to deal with it. I moved to northeast Calgary 15 years ago. Then a quarter of the people here were East Indians and Pakistanis but didn't bother me, but now it's 99.9 per cent foreigners and all original Canadians have moved away. Now I feel hate and anger towards these people and can't deal with it. It would be very hard for me to move.

Ivy, Calgary

Dear Ivy,

I suspect you have always been a racist but never had to admit it because you were hitherto surrounded mainly by people of your own ethnic group. Fortunately, for you and our troubled society, you're now fully aware of your racism and you want to address it.

Let's start by acknowledging a simple fact. Racism is not innate. It's passed on by ignorant people who are motivated by fear and hatred. It's like the good or bad table manners we learn through both instruction and example: If we're raised by gross, nasty, hateful pigs who don't care about anyone else as they greedily storm the trough, it's no surprise the next generation of pigs is going to be just as rude.

But for piglets who are exposed to more civilized behaviour, there's always hope for improvement. And, if your heart's in it, any one of us can improve at any age. The fact that you, Ivy, say you "can't deal with" your unpleasant feelings of "hate and anger" tells me you are motivated to change. So here's how to start.

I don't doubt you feel isolated and off-kilter because your neighbours seem strange.

First, work on thinking more clearly. For example, when you say your neighbourhood is "99.9 per cent foreigners and all original Canadians have moved away," I suspect you're making the classic racist mistake of equating "Canadian" with people of a certain skin colour and presumed ethnic background, and "foreign" with people of a different skin colour and presumed ethnic background.

But that's not how it works. As you can see from my photo, I'm white, as were my dirt-poor immigrant maternal grandparents (who, coincidentally, settled a few miles outside Calgary, northeast of your own northeast hood). In other words, for all their pale, pasty complexions and flaxen-blond hair, my Caucasian Gramps and Granny were never "original Canadians." Similarly, though many racists disqualify darker-skinned peoples from native-Canuck eligibility, I doubt even the most racist Calgarian would dare label the Blackfoot tribes, who've been living for at least 10,000 years in what is now called Alberta, as "foreigners."

So your hierarchy of citizenship, and the colour-coded rubric that underlies it, is no excuse for racism. In fact, there is no excuse for racism. You know it's wrong. That's why you wrote the letter.

I don't doubt you feel isolated and off-kilter because your neighbours seem strange to you. Their language, appearance, manners, the food they eat — it's human nature to feel threatened by things we don't understand.

But it's how we react that separates us from the pigs at the trough of Canada's bounty.

One solution is to make the strange familiar. Make an effort to meet a new neighbour and share a cuppa or a meal. If you're uncomfortable approaching strangers, contact a local group or religious community or write a letter to your mayor, Naheed Nenshi (an original Canadian who was born in Toronto), to ask for help in making contact.

It probably won't be easy. But it's bound to be easier than moving away, assuming you could even find and afford a safe, racist enclave full of people like you.

Thanks for writing, Ivy. It's always good for all of us to re-examine any racist impulses we might have, and I wish you luck in your future non-racist endeavours.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

metroview

Something must change post-Yatim. Why not the law?

Canadian police officers who kill people in the line of duty don't tend to go to jail.

So when a jury convicted a Toronto police officer of attempted murder this week, the city's police union head called it a "chilling" message to officers. Media claimed the verdict would reverberate across the country.

But for criminal lawyer John Struthers, the ruling underlined something else entirely, something he's been advocating: the need for a new criminal charge aimed at police, which he'd call "police officer using excessive force, causing death."

"There has to be a change in the law if we're going to adequately supervise and discipline police officers," he said.

The verdict is being called a compromise between clearing Toronto Const. James Forcillo of all charges in the shooting death of Sammy Yatim and finding him guilty of the worst of them — second-degree murder. Forcillo is the 11th Ontario police office charged with manslaughter or second-degree murder since 1990 — and all the rest were cleared.

This seeming middle ground — a conviction of attempted murder — is based on the Crown's arguments that even if Forcillo was justified in the first bullets he shot at Yatim, a young man wielding a knife on a streetcar in 2013, he was not justified in subsequent bullets fired after the teen was already on the ground.

The verdict signifies what should already be blatantly clear: The public's trust in police is waning. Both Toronto's mayor and police chief used the ruling to point to the need for police reforms. Clearly, something must change. And why not the law itself?

The new law Struthers envisions wouldn't include the same minimum sentences of a second-degree murder charge, leaving sentences completely to the judge's discretion.

Such a law would put the onus on society to define excessive use of force and state explicitly that police can be held culpable for it when it results in someone's death, Struthers argued.

In the Yatim case, the family is also suing Forcillo and the police force. But Struthers doesn't think the civil option is enough.

I agree. The jury may well have reached for some middle ground in dealing with police misconduct, and so should the Criminal Code. Murder does seem a severe charge for officers to face for actions they took on the job, especially a job defined by unpredictability and danger. But the power they wield cannot go unchecked. Society increasingly won't stand for it, and neither, apparently, will juries.

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metro LIFE

Your essential daily news

Wednesday, January 27, 2016

Tired of parents wearing PJs and slippers, an English principal wants a dress code for adults dropping their kids off at school.

Report on Paris couture

Dior, left, featured embroidered silk gowns with "sensual, bare" accentuated shoulders in their show this week. At Chanel, right, a glimmering cape in lame and chiffon on model-of-the-minute Gigi Hadid added to the magical vibe.

ALL PHOTOS GETTY IMAGES

Highlights from this week's SS 2016 collection shows

DIOR

Past remixed

Dior's first couture show since Raf Simons left took place on Monday — designed by "the studio," the house said.

In the clothes, the "spontaneous, relaxed Parisienne of today" mixed with the iconic styles of the 1940s and 1950s.

High-cut post-War shoes with occasional retro ankle bows accessorized embroidered silk gowns in freestyle volumes, often with "sensual, bare" accentuated shoulders. A couple of flapper-style lace, chiffon and tulle look also evoked the joyful feeling of the 1920s.

The studio team also set about experimenting with the famed bar jacket. It came in myriad forms: in tight, embroidered black wool, loose and white, open to expose the breast sensually, oversized and masculine, or as a beautiful dark navy wool coat.

There were also traces of the musings of past creative directors — such as John Galliano and Simons — set off nicely in one look off-white wool bar jacket interpretation with flappy 18th-century cuffs.

CHANEL

Eco couture

It was delicate couture magic with a hint of reality for Chanel. The sports-infused display saw sparkling smooth oval shoulders and curved collars define the silhouette on fastidiously embroidered gowns and skirt suits. This curved esthetic — apparent also in oversize bulbous chignons, cork platforms and unusual double-eye makeup — was inspired by the 1932 cubist sculpture Head of a Woman by Pablo Picasso.

But this was very much a contemporary collection — an ecology-themed show that incorporated sustainable fabrics and took inspiration from the natural world.

The eveningwear was enchanted — with strapless dresses or pants with a train complemented by painted capes with rhinestones, wide-cut boleros or embroidered jackets.

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Author shares secrets of good Indian cooking

CUISINE

Meera Sodha gives an easy intro to popular dishes

England's Meera Sodha never lived in India, but grew up eating the food of her ancestors. TORSTAR NEWS SERVICE

An Indian kitchen can be anywhere in the world. Meera Sodha should know. Born in England, she's never lived in India, but grew up eating the cuisine of her ancestors, much of it lovingly prepared by her mother.

Sodha's first cookbook, Made in India: Recipes from an Indian Family Kitchen, invites cooks of all kinds to embrace fresh, simple, traditional recipes, from chapatis to street food such as chili paneer.

If you've never cooked Indian food, Made in India ($39.99) shows you how to start. Sodha walks readers through common ingredients and where to find them, provides menus and helps troubleshoot if your adventure turns out too spicy, salty or watery. The 320-page hardcover, released in Canada, features plenty of manageable recipes, from spiced hot chocolate or chana ka chips a.k.a. spicy roasted chickpeas.

20-Minute Fish Curry

This mild but flavourful dish, adapted from Made in India, makes a quick and nutritious dinner.

Ingredients

- 3 tbsp (45 mL) canola oil
- 1/2 tsp (2 mL) mustard seeds
- 2 medium yellow onions, finely sliced
- 4 cloves garlic, crushed
- 2 cups (500 mL) cherry tomatoes, halved
- 1 tsp (5 mL) chili powder
- 1 tsp (5 mL) ground coriander
- 1-1/2 tsp (7 mL) ground cumin
- 1 tsp (5 mL) salt
- 3/4 cup (185 mL) hot water
- 1-1/4 lb to 1-3/4 lb (565 g to 790 g) cod, haddock or other firm white fish, cut into 1-3/4 inch cubes
- 1 lemon, cut into quarters
- Small bunch cilantro, finely chopped

Directions

1. In a non-stick medium frying pan with a lid, heat oil over medium heat. Add mustard seeds and stir-fry for a couple of minutes until they pop.

2. Add onions and garlic and cook until golden and soft, about 8 minutes. Add cherry tomatoes.
Cover pan with lid and cook tomatoes 10 minutes or more until tomatoes are soft and saucy.

3. Add chili powder, ground coriander, cumin, salt and hot water. When liquid starts to bubble, add fish pieces. Stir gently and cover until fish is cooked through, about 8 to 10 minutes.

4. Squeeze lemon over fish and garnish with cilantro. Serve with rice. Serves four.

TORSTAR NEWS SERVICE

HEALTH

Yukon pulls PSA after online mockery

I'm in my 30s, who knew I needed to do the D?
We need vitamin D to help our body use calcium and phosphorus for strong bones and teeth.
D?

Department of Health and Social Services renounce intentionally goofy campaign. HANDOUT

The Yukon government's recent bid to ensure residents are receiving enough Vitamin D is getting a rise out of the social media masses. The department of Health and Social Services recently rolled out a campaign exhorting residents of the sun-deprived territory to ensure they're getting enough vitamin D. But the kind of activity the campaign wound up promoting is arguably best accomplished indoors.

The department's "we all need the D" campaign, using a common slang term for the penis, quickly went viral and spawned giggly dismay across social media. Many of the comments voiced incredulity that the Yukon government could have committed such a gaffe without realizing how the message would be interpreted.

But the department itself says the campaign was not wholly accidental, adding the bid to target a younger crowd got a little out of hand. It tweaked the ad earlier this week in the face of the mockery.

"When trying to reach a young adult audience, Health and Social Services often reaches for provocative and humorous messaging, to great success," the government said in a statement.

"However, what was considered cheeky messaging on our Vitamin D campaign escalated to ribald humour, taking the campaign into graphic areas that were never intended."

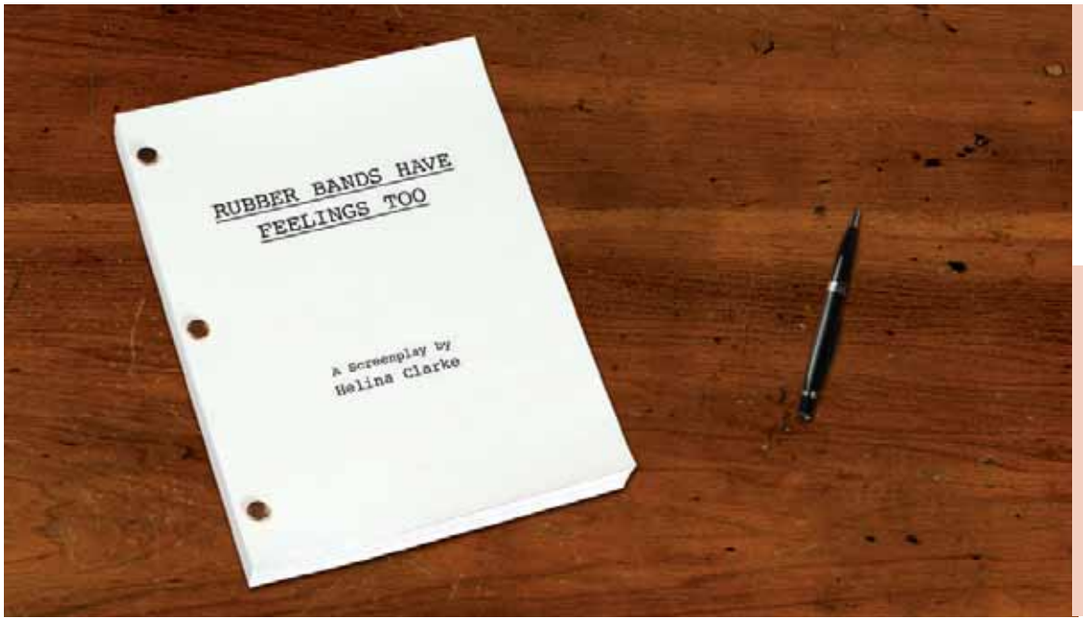
The original campaign consisted of a handful of posters asking what, in hindsight, proved to be some provocative questions.

One ad asked Yukon residents: "How do you do the D?" Another depicted a woman gazing at a plate of fish with the caption: "Need a little help... with your daily D?"

Another poster showed a man musing about how he managed to reach his 30s without realizing that he, too, needed to "do the D." The Yukon government ad now simply asks: "Have you taken your vitamin D today?"

And despite the embarrassment caused by the original campaign, the department maintained that it had left them more than satisfied.

THE CANADIAN PRESS



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A guide to Africa's regional dishes

EATING

A comfort food crash course in time for the dead of winter

It's finally feeling more like winter. Our stomachs are craving the warm and comforting flavours of African cuisine: slow-cooked meats spiced with vibrant paprika and turmeric; stews made of one of the few vegetables currently in season: onions; and vegetarian-friendly meals that are good for the body and the wallet in the new year.

To ease you into African cooking 101, here is a short introduction to the different regional cuisines of the continent, and spice blends to flavour your meats and vegetables.

North Africa

Countries include: Egypt, Tunisia, Algeria, Libya, Sudan, Morocco

Cooking here is highly influenced by Middle Eastern and European cuisine. Falafels made from fava beans rather than chickpeas are a staple in Egyptian street food; couscous is a must-have on Moroccan menus; and Arabic favourites like baklava and shakshouka are found in Tunisia. Staple ingredients include lamb, eggplant, beans and honey, similar to what you'd find in the Mediterranean.

What's unique is the tajine, a cone-shaped earthenware pot used to slow-cook meaty stews over hot coals (think a very early version of the Crock Pot). Tunisia is also home to harissa, a fiery garlicky chili paste that's popping up on menus this year.

Horn of Africa

Countries include: Eritrea, Somalia, Ethiopia, Djibouti

The horn refers to the peninsula that juts out to the east coast of Africa, and is the region that most Canadians associate with African cooking thanks to our obsession with stews sopped up with injera, the Ethiopian spongy and tangy flatbread made from a nutty and tiny red grain called teff.

Ethiopian and Eritrean cuisines are similar given that Eritrea was once part of Ethiopia: Both are heavy on hearty meat and vegetable stews served with injera but Eritrean cooking also incorporates tomato sauces (it was once under Italian colonization). Berbere is the quintessential spice blend made from a dozen spices including fenugreek, coriander, peppercorn, cardamom, allspice, nutmeg and cinnamon. It's used to add a fiery, oniony kick to dishes such as doro wot (chicken stew) and tibs (spicy fried beef).

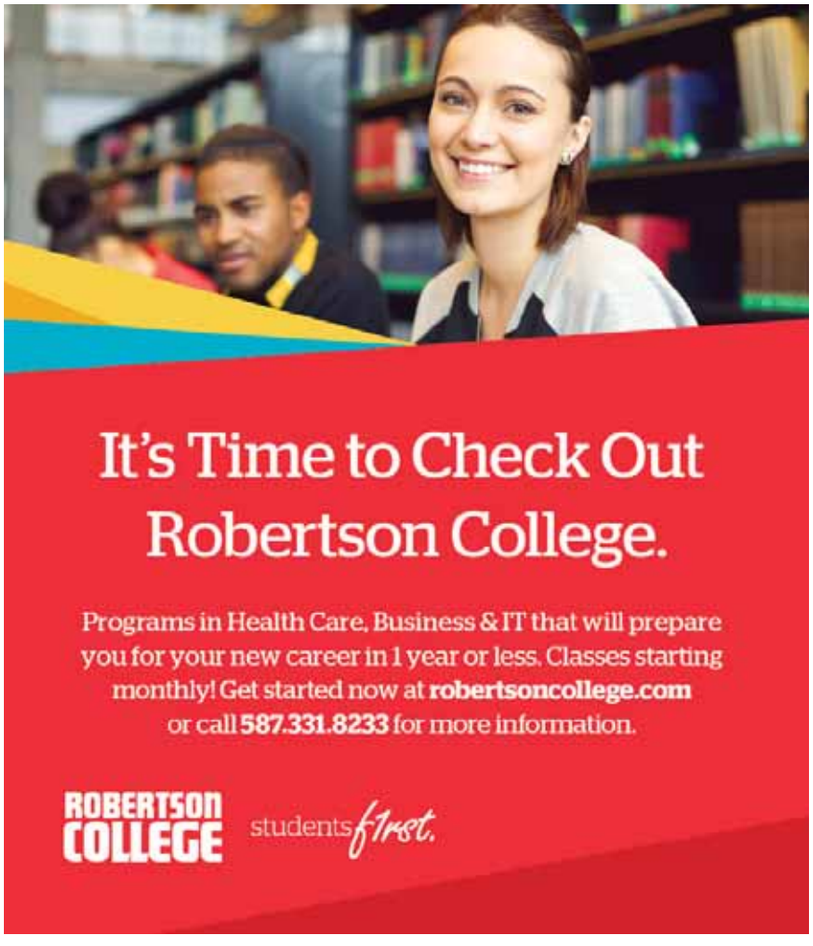
East Africa

Countries include: Kenya, Uganda, Tanzania, Rwanda, Burundi, Madagascar, Mozambique, Comoros, Mauritius

The eastern coast of Africa includes more than a dozen countries that run along the Indian Ocean, in addition to the nations that make up the Horn of Africa.

Ugali is one of the most common dishes you'll find here, particularly in Kenya. It's a smooth and thick porridge made from cornmeal or millet that diners roll into little balls to go with nyama choma (roasted meat marinated in curry spices). If you want something fried, try mandazi, a crispy fried bread served by street vendors that's like the region's answer to doughnuts.

A history of colonization from countries now known as Greece, France, Britain and Portugal, made a lasting impression on traditional dishes in Africa. Above: doro wot and injera.
TORSTAR NEWS SERVICE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Mozambique's cuisine has a mix of Portuguese flavour as piri piri sauce is a common condiment and is best exemplified in Galinha à Zambeziana: chicken cooked in coconut milk and piri piri sauce.

West Africa

Countries include: Senegal, Nigeria, Burkina Faso, Ghana, Sierra Leone, Ivory Coast

It's hard to narrow down the cuisine of 16 nations and territories, but there are some commonalities. Root vegetables such as cassava form the basis of fufu, a starchy ball of cooked dough originating in Ghana but widely eaten in the region. It's pretty bland to eat by itself so it's served as a side to soups and stews. Peanuts are a big part of many dishes as it's a major crop of Senegal including maafe, a popular spicy peanut stew of fish or meat with vegetables. Fish is also big given its proximity to the Atlantic.

Central Africa

Countries include: Central African Republic, Chad, Democratic Republic of Congo, Zambia

The food of Africa's heartland is similar to its neighbouring western region: cassava and plantains are made into fufu as a side for grilled meats, while chicken and okra are added to peanut stews.

In Bangui, the capital of the Central African Republic, there is a heavy French influence due to colonization in the late 1800s, so baguettes can be found as well. A staple in Zambia is nshima, a thick porridge made from ground corn meal that can be sweetened with milk for breakfast, or rolled into a starchy ball as a side like fufu. Ifisashi, another Zambian dish, consists of leafy greens like collards or spinach cooked in a peanut sauce.

South Africa

Countries include: South Africa

Given its long history of colonization and trade routes, the food of this region is shaped not only by natives, but also the Dutch and the British, along with Southeast Asia. Indigenous people cooked with pumpkin and beef while the arrival of the Dutch East India Trading company in the 18th century brought in slaves from Southeast Asian Nations, which brought the influence of curries and sambals, a pungent condiment made from chilies, shrimp paste, vinegar and fish sauce. The Dutch sausage, verse worst, is the ancestor to the more popular South African boerewors, a sausage typically containing a mix of beef and pork and spiced with a mix of coriander, nutmeg, allspice and cloves. Serve that at a barbecue with pap, a traditional polenta-like side made from ground corn served alongside soups and meats, and chakalaka, a spicy relish made from baked beans, carrots, tomatoes, chilies, and curry powder. TORSTAR NEWS SERVICE

CONTINENTAL CUISINE

Culinary regions of Africa

At just over 30 million square kilometres, Africa is the second largest continent and second most populous with 1.1 billion people. A history of colonization dating back to ancient times from countries now known as Greece, France, Britain and Portugal, made a lasting impression on traditional dishes. In short, there's a heck of a lot of variation in local cooking and major regional variations in flavour.
TORSTAR NEWS SERVICE

Fufu, a starchy ball of cooked dough often made with cassava flour, originated in Ghana but is eaten throughout West Africa.
TORSTAR NEWS SERVICE

SPICE UP YOUR LIFE COMMON AFRICAN BLENDS

THE MIX: RAS EL HANOUT

TOP ROW (L TO R): cinnamon, mace, cardamom
MIDDLE ROW: tumeric, nutmeg, black peppercorn, paprika
BOTTOM ROW: coriander, cumin, cloves

THE MIX: BERBERE

TOP ROW: fenugreek, allspice, cloves, dried onion flakes
MIDDLE ROW: coriander, cardamom, ground ginger, cinnamon
BOTTOM ROW: nutmeg, black peppercorn, dried chilies, paprika

THE MIX: TUNISIAN BAHARAT

TOP ROW: dried roses
BOTTOM ROW: black peppercorn, cinnamon

THE MIX: DUKKAH

TOP ROW: cumin, coriander sesame, cashews
BOTTOM ROW: pine nuts, pistachios, hazelnuts

THE MIX: TSIRE

TOP ROW: cloves, ground ginger, cinnamon
BOTTOM ROW: peanuts, nutmeg, dried chilies

THE MIX: LA KARMA

TOP ROW: cumin, nutmeg, tumeric
BOTTOM ROW: cinnamon, ground ginger, black peppercorn

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Starting from price for 2016 Dodge Grand Caravan SXT Plus shown: $30,940.§

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Starting from price for 2016 Jeep Cherokee Limited shown: $34,540.§

2016 CHRYSLER 200 LX
$23,398 PURCHASE PRICE INCLUDES $2,500 CONSUMER CASH* AND FREIGHT.

FINANCE FOR **$131** BI-WEEKLY‡ @ **3.99%** FOR 96 MONTHS WITH $0 DOWN

Starting from price for 2016 Chrysler 200 C shown: $30,140.§

2016 DODGE JOURNEY CANADA VALUE PACKAGE
$20,498 PURCHASE PRICE INCLUDES $2,000 CONSUMER CASH* AND FREIGHT.

FINANCE FOR **$115** BI-WEEKLY‡ @ **3.99%** FOR 96 MONTHS WITH $0 DOWN

Starting from price for 2016 Dodge Journey Crossroad shown: $32,140.§

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chryslercanada.ca/offers

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metro DRIVE

Your essential daily news

Can't miss these at the mall: Jerry Seinfield auctions off three porsches

A small crossover that's big on sass

ROAD TESTED

THE CHECKLIST | 2016 MAZDA CX-3

THE BASICS

Type. Five-door, five-passenger, FWD or AWD, subcompact crossover
Power. 146-hp 2.0-litre I4
Transmission. Six-speed automatic
Price. Base $20,695 (plus destination)

COOL FEATURES

- Great driver's seat adjustability accommodates a wide variance in driver sizes.
- Adaptive headlights points low beams in the direction the driver intends to travel.
- Full suite of safety systems available, including brake support, blind spot monitoring, and lane departure warning.

MAZDA CX-3 PHOTOS: MIKE GOETZ/FOR METRO; ALL OTHERS CONTRIBUTED

MARKET POSITION

- Subcompact crossover based on the same platform as the Mazda2.
- Fast growing segment, popular with young couples and families, and empty nesters.
- As per Mazda's brand promise of zoom-zoom, one of the more lively vehicles in its segment.

POINTS

- Named AJAC's Best New SUV/CUV under $35K for 2016.
- Available in both FWD and AWD versions, the latter specially developed to retain lightness.
- High-tech engine features direct injection and high compression.

THE COMPETITION

Chevrolet Trax
Base price: $19,495

Nissan Juke
Base price: $20,698

Honda HR-V
Base price: $20,690

REVIEW

Mazda CX-3 feels like a tall hatchback with AWD

Mike Goetz
For Metro Canada

Small crossovers are hot sellers, and more and more nameplates are joining the segment. Mazda's entry in this segment — the CX-3 — is more fun to drive than most.

This is not surprising, however, as it is not that far removed from the sporty Mazda2 hatchback it is based on. Actually, in dimensions and intent, the CX-3 is more like a tall hatchback with AWD, than a more legitimate attempt at a subcompact crossover, as exemplified, for example, by the likes of Kia Soul or Jeep Renegade.

But maybe you like your crossovers flavoured this tidy way? I do. The combination of a compact and perky engine, taught handling, and relatively light overall weight, translate to a car, err crossover, that is just plain great to drive.

Doesn't look too bad either, inside or out. The interior features a lot of different textures and colours and feels anything but subcompact. Mazda's consul-mounted controller is not my favourite way to navigate the infotainment sphere, but at least Mazda Connect is standard on all CX-3 models, to facilitate voice commands, and internet connectivity.

The Mazda2 origins mean the CX-3 is somewhat narrow and short. Wide people might be looking for more elbowroom up front, while people with any kinds of legs will look for more legroom in the back.

If you can do without all-wheel drive, the Mazda3 Sport (the hatchback) might be a better bet for families who prioritize interior space.

The CX-3's all-wheel-drive system is an all-new system that prioritizes weight saving. Mazda says it's about 20 percent lighter than its larger platform AWD systems. It keeps the vehicle in FWD until the front wheels start the slip, and then automatically engages the rear wheels.

When testing this vehicle in the off-road portion of the AJAC Car of the Year evaluations, I was expecting the CX-5's limited ground clearance to hold it back somewhat, and it did, but was surprised at how well it did otherwise in the dirt, and with considerably less body jiggling than the other competitors — a lower centre of gravity and lighter weight will do that for you.

Like most of its competitors, the CX-3 is fitted with tires more suited for communing than going through hill and dale, and would be the first thing you would need to upgrade if you're expecting your CX-3 to climb mountains.

All in all, the CX-3 is a success. It's not perfect but has a defined personality. Those who are drawn to this kind of crossover personality will like it a lot.

mazda

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**Based on a representative example using a finance price of $23,146 for the 2016 CX-3 GX (HVXK86AA00) at a rate of 2.99% APR, the cost of borrowing for an 84-month term is $2,535, bi-weekly payment is $141, total finance obligation is $25,682. Taxes are extra and required at the time of purchase. †Starting from price for 2016 CX-3 GX AWD (HXXK86AA00) is $24,999. Price includes block heater, $20 new tire charge, $100 a/c charge where applicable, freight & PDI of $1,895. As shown, price for 2016 CX-3 GT (HXTK86AA00) is $31,746. PPSA, licence, insurance, taxes, down payment (or equivalent trade-in) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Offers valid January 5 - February 1, 2016, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details. *To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca.

'FIATA'

Passion meets efficiency

Already labeled "Fiata" by some industry wags, the Fiat 124 Spider is a new version of its legendary small two-seat convertible sports car. It combines styling queues from the original 124 Spider and a Fiat powertrain with its structure and underpinnings coming from the current generation Mazda MX-5 Miata. With Fiat style meant to recall the original Italian everyman's small sport-about, casual onlookers might be forgiven if they see more of Mazda's efficient little roadster, especially when seated inside: the interiors appear identical. A Fiat-sourced 1.4-litre, turbocharged inline four-cylinder engine makes 160 horsepower, which is five more than the Mazda, and 184 pound-feet of torque vs. the Mazda's 148.

TEXT AND IMAGES BY WHEELBASE MEDIA

'Fiata': The Japanese-Italian colab

NSX

A powerhouse sports hybrid

NSX is a hybrid, but it's about helping performance more than saving fuel: Promising a technological powerhouse, Honda has released most of the details about its hybrid 2017 NSX sports car. The original NSX, released 25 years ago, was the world's first all aluminum-bodied two-seat sports car. It was discontinued after the 2005 model year. Each new next-gen NSX will be effectively hand-built by a group of 70 technicians at a plant in Ohio. The high strength, low weight body will deliver "unparalleled platform rigidity."

MX-5

Aftermarket could 'go wild' over Spyder, Speedster

Mazda turned up the wick on its already well-received MX-5 two-seat sports car at the recent Specialty Equipment Market Association (SEMA) show in Las Vegas, in November, showing two new design concepts — a Spyder and a Speedster — each designed to take the MX-5's lightweight and fun-to-drive mission "a step further" by reducing weight even more while accentuating open-air driving. Both models highlight "the core strengths" of the MX-5, in collaboration with various aftermarket parts suppliers and performance shops.

IN BRIEF

Chinese-billionaire-backed company invests in electric

A new company from China wants to merge connectivity and cars into one: A Chinese-billionaire-backed company says it will invest $1 billion US in an American factory to assemble a line of electric vehicles. Bankrolled by Jia Yueting, a company named Faraday Future, based in Gardena, Calif., says it will build cars starting in 2017. Bloomberg news service quotes former Tesla director, now Faraday's senior vice-president of research and development, saying it will introduce its first car in two years and follow with a line of seven different vehicles. AFP

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From car racing to helping the Worst

CANADA'S WORST DRIVER

Reality TV instructor borrows from his experiences

The 11th season of Canada's Worst Driver recently wrapped up, but it's already calling for candidates for a new season. That means Philippe Létourneau has more work ahead of him.

As the program's high-speed driving instructor, it's his job to teach the bad drivers on the show how to safely handle a vehicle. It's one of many tasks he does as a driver trainer, a skill he took directly from his previous career as a race driver.

"I was born watching my dad race," Létourneau says. "My dad was a rally driver. They drove to the race so I could see my dad's race car from my window in front of me on the street."

Born in Montreal, Létourneau got into racing go-karts at 10 — the minimum age allowed in Quebec. As a teenager, he enrolled in a racing school run by Canadian champion Richard Spenard. He learned to work on the cars as well as drive them, trading his labour against his racing expenses.

But Létourneau credits his parents for his success.

"My parents gave me a break by paying my rent and food," he says. "But my dad was honest. He said, 'The odds (of making a living racing) are not on your side, but we'll try to do our best.' "

Létourneau raced in Canada, the U.S., and Europe, in such series as Formula 2000 Touring Cars and Rolex Daytona Prototypes, among others, earning more than 40 podium finishes. Ultimately, though, he knew his father was right. "You could count on 10 fingers the Canadian racers that really made a living just from racing," he says. "I started coaching at the racing school, and with a bit of luck and a lot of hard work, it became my job. I discovered it was great helping people. I knew I wouldn't make Formula 1, but I loved the sport, and there was a chance of making a living if I focused on teaching."

Through his company, PLB Autosport, Létourneau provides a variety of services, from one-on-one teaching to the work he does for such programs as BMW winter driver training and the Ferrari Driving Experience. He's also trained members of Quebec's provincial police force and worked with automakers and tire companies on product development.

Létourneau had a cousin who had been like a brother to him, but who died in a car crash at the age of 33. He saw the value in training the show's participants and in getting the safety message out to a wider audience.

Nothing's scripted, and the drivers really are as bad as they look, he affirms. "I try to keep my poker face, but sometimes, my head is spinning," he says. "They'll do something, and I'll think, yeah, that'll be on the show."

He enjoys being recognized in public by the show's fans, but it's really all about teaching.

"I'm one of the guys who lost somebody from a car accident, and it touches real people with real impact," he says.

TORSTAR NEWS SERVICE

Philippe Létourneau on the set of Canada's Worst Driver. COURTESY DISCOVERY/BELL MEDIA

DETROIT AUTO SHOW

From dashboards to dashing dresses

Models in formal dresses made from Inteva's Inteather strutted on a pop-up catwalk in Detroit. COURTESY INTEVA

One auto supplier is taking the term "ready to wear" to a whole new level.

Inteva Products commissioned a fashion designer to produce four gowns using the same thermoplastic material the maker of engineered components and systems places in the instrument panel surfaces of some General Motors vehicles. The results were on display during a recent pop-up fashion show at the North American International Auto Show in Detroit.

Four models outfitted with formal dresses made from Inteva's Inteather strutted along a carpeted area. The models strutted by GMC Yukon and Sierra vehicles, both of which feature instrument panel surfaces made of the thermoplastic olefin material, while dumbfounded attendees stared. Inteather has the appearance of leather, but Inteva says it weighs less, lasts longer, and is recyclable.

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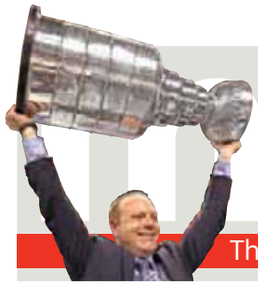


metro SPORTS

The Blackhawks have given a three-year contract extension to GM Stan Bowman that runs through the 2020-21 season

NHL

Drug ban will cost Horcoff 20 games

Anaheim Ducks forward Shawn Horcoff was suspended for 20 games Tuesday for violating the terms of the NHL's performance-enhancing substances program.

The 37-year-old Horcoff acknowledged his mistake in a statement issued by the NHL Players' Association. He claimed he tried an unspecified treatment to speed up his recovery from an injury last fall.

"Although I was unaware that this treatment was not permitted under NHL rules, that is no excuse whatsoever," Horcoff said. "I should have done my research, and I should have checked with the NHL/NHLPA Performance Enhancing Substances Program's doctors. I accept full responsibility for my actions, and I am sorry."

Shawn Horcoff GETTY IMAGES

Horcoff is the third player to be suspended under the program approved by the league and union in the most recent collective bargaining agreement. Zenon Konopka of the Buffalo Sabres and Carter Ashton of the Toronto Maple Leafs were suspended in 2014.

THE ASSOCIATED PRESS

NBA IN BRIEF

Griffin injury came from punching Clippers staff

Blake Griffin will be out for as long as six weeks with a broken shooting hand after punching a Los Angeles Clippers staff member during a road trip.

The star forward underwent a procedure and was treated by an orthopedic surgeon after returning early to Los Angeles from a five-game road trip, the team said Tuesday. A team spokesman confirmed the altercation, but provided no further details

THE ASSOCIATED PRESS

Raps equal franchise-best winning streak vs. Wizards

It's nine and counting for the Toronto Raptors. All-star starter Kyle Lowry poured in 29 points as the Raptors matched their franchise-best nine-game winning streak, beating the Washington Wizards 106-89 on Tuesday.

DeMar DeRozan added 17 points for the Raptors (30-15), who swept their four-game series with Washington. Terrence Ross added 15 points, while Jonas Valanciunas had 13 points and a game-high 12 rebounds.

THE CANADIAN PRESS

Jackets jump hard on troubled Habs

NHL

Dubinsky and Atkinson lead Columbus to road victory

Brandon Dubinsky and Cam Atkinson each had a goal and an assist to give the visiting Columbus Blue Jackets a 5-2 victory over the slumping Montreal Canadiens in the second game of a home-and-home series on Tuesday.

Boone Jenner, Scott Hartnell and Brandon Saad, in an empty net, also scored for the Blue Jackets (19-27-5). Rookie goaltender Joonas Korpisalo stopped 27-of-29 shots for his fifth win of the season - replacing the injured Sergei Bobrovsky. Korpisalo improved to 4-0-1 in his last five starts.

Devante Smith-Pelly and Alex Galchenyuk scored for Montreal (24-22-4). Ben Scrivens, still winless in a Canadiens uniform, made 21 saves in defeat. Montreal lost captain Max Pacioretty to injury midway through the second period after he took a P.K. Subban slapshot to the left side of his face. Pacioretty, the team's leading scorer with 19 goals, did not return in the third.

The Blue Jackets, which started the day last in the NHL standings, have now won back-to-back games versus Montreal for the first time since 2011. Atkinson scored a hat trick to sink the Canadiens 5-2 on Monday in Columbus.

The Habs are now 2-8-0 in their last 10 home games.

Down 3-1 heading into the third, Galchenyuk reduced the deficit at 3:45, one-timing home a cross-ice pass from Subban while Montreal had the man advantage. But Atkinson sealed it for Columbus with a five-hole goal late in the third period as the Canadiens dropped to 1-6-1 in their last eight contests.

Columbus made Montreal pay for its lack of discipline in the first period, as the visitors converted on both their power plays. Eight seconds into a Torrey Mitchell holding penalty, Jenner beat Scrivens for his 17th of the year at 10:51. The Canadiens netminder stopped Jenner's initial shot but lost sight of the rebound.

With Pacioretty still in the box for tripping later in the period, Hartnell capitalized on a bad giveaway by Andrei Markov behind his own net to double Columbus' lead at 19:19. Smith-Pelly got one back for Montreal at 5:22 of the second, his fourth of the season. Dubinsky made it 3-1 at 10:40, shortly after knocking Subban off the puck behind Montreal's net.

The Habs have not won in regulation time in their last eight games, dating back to Jan. 6. THE CANADIAN PRESS

Canadiens' Brendan Gallagher falls and tries to keep the puck away from Columbus Blue Jackets' Ryan Murray during first period in Montreal on Tuesday. PAUL CHIASSON/THE CANADIAN PRESS

TUESDAY **In Montreal**

5	2
JACKETS	CANADIENS

WOMEN'S SOCCER

Herdman injects a healthy dose of youth into national team

Christine Sinclair is one of seven holdovers from the bronze-medal winning team at the 2012 Olympics. GETTY IMAGES FILE

While not dismissing the first three teams Canada will face at next month's Women's Olympic Qualifying Championship in Texas, coach John Herdman acknowledges it all boils down to Game 4.

A win in the semifinal and Canada is headed to Rio, looking to add to the bronze it won in heroic fashion four years ago in London.

Herdman has retooled his squad for the Olympic qualifier, shedding 10 members of his 23-woman World Cup roster last summer for a trimmed-down 20-player roster.

> **"Adding pace around players like Sinclair is absolutely crucial to give the space that she needs to operate.** John Herdman

Captain Christine Sinclair and six other veterans of the 2012 Olympic team remain for the Feb. 10-21 qualifier. But Herdman has infused youth into the squad with seven players 20 years old and under.

Players range in age from 16-year-old midfielder Deanne Rose to 34-year-old forward Melissa Tancredi.

Playing in Group B, 11th-ranked Canada opens against No. 89 Guyana on Feb. 11 before facing No. 48 Trinidad and Tobago on Feb. 14 and No. 76 Guatemala on Feb. 16.

Group A play, featuring the top-ranked Americans, takes place in Frisco outside Dallas.

The top two teams in each group play in the crossover semifinals Feb. 19 with the winners booking their ticket to Rio de Janeiro as representatives of North and Central America and the Caribbean. The championship game goes Feb. 21.

"The game we have to be freshest for is Game 4," Herdman told a media conference call Tuesday. "Whether that's the U.S., Costa Rica or Mexico. We have to get through the other games and put ourselves in a good position to be at our best for that fourth game."

THE CANADIAN PRESS

RECIPE Basil and Sun-dried Tomato Crusted Salmon

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This intensely flavoured crust takes salmon to show-stopping heights. It's simple to make, but you're going to feel positively chefy putting this on the table.

Ready in
Prep time: 10 minutes
Total time: 25 minutes
Serves 4

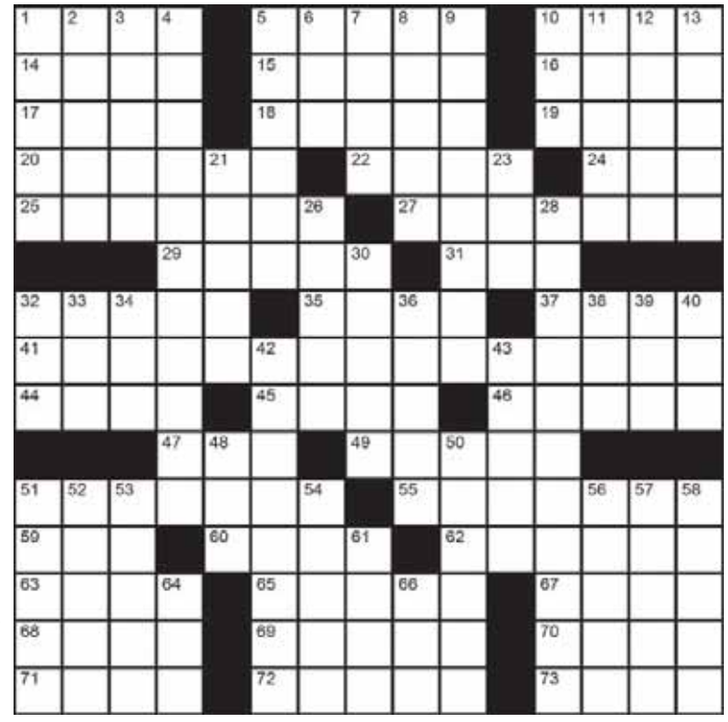
Ingredients
- 4 x 5 oz salmon fillets, skin on
- 1 cup chopped sun-dried tomatoes (not packed in oil)
- 3 cloves garlic
- 2 cups basil leaves
- Pinch of salt
- 1/4 cup olive oil

Directions
1. Preheat oven to 350 F.
2. In a food processor, add the sun-dried tomatoes and garlic and process until you have a rough chop. Add the basil, salt and slowly drizzle the oil in as you process until it reaches a rough paste.
3. Lightly oil a rack and place it over a baking tray. Place the salmon skin side down on the rack. Pat the tomato mixture on top of the salmon, forming a thick layer.
4. Place the salmon in the oven on the middle rack of the oven and bake for 15 to 20 minutes (a thick fillet may need more time), or until the salmon separates into flakes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Fleece
5. Fast food restaurant order
10. E-Mail junk
14. Forearm bone
15. Farewell, in France
16. Ti-Cat's foe
17. NASA target in 1969
18. Style of earthenware
19. Lima's locale
20. Quickly rotating star
22. Brain's frontal _
24. Moray _
25. Carpet cleaning machine
27. Like the natural patterns of hardwood flooring
29. Ascends
31. Gremlin
32. Joseph _, 'Father of the Symphony'
35. Crosswords buffalo
37. "Which drive-_ _ you want to go to?" ...asked one retro movie-goer of another
41. Roadside attraction in Varney, Ontario which is the world's largest what?: 2 wds.
44. Classic TV mouse, _ Gigio
45. Make film cuts
46. Array
47. Mil.'s special _
49. Placed cargo onto the ship
51. Bridesmaid dress fabric
55. Brush aside
59. Montreal 'street'
60. Duchess of _ (Subject of Spanish painter Goya)
62. Hinder
63. Norse deity
65. Ancient column style
67. Decline
68. Fermented soybean paste
69. 'N' of TNT
70. Ripened, as cheese
71. Plant containers
72. Choral club songs
73. Longbow woods

DOWN
1. Water collectors in basements
2. Influence
3. Lizard variety
4. Style of building topper seen in historic French architecture, such as in Quebec: 2 wds.
5. Inner circles
6. John Keats specialty
7. Pepper _
8. Obscure
9. 1995 Donald Sutherland movie about a deadly virus
10. Exhaust
11. Primp
12. Harmonize
13. Humid spaces problem
21. _ acid
23. 'Ether' suffix (Airy/delicate)
26. Make 1 + 1 = 2 again
28. Hit for Canadian band Big Sugar that starts "Peace came to me...": 5 wds.
30. _-paced (Slow)
32. Brim locale
33. Flurry
34. Litter cry!
36. Group of eight
38. Grandma
39. Like, hippy-style
40. Iron _
42. Baby bird that hasn't yet left home
43. Toothpaste brand
48. Potpie piece
50. '70s night spots
51. Badly defeat
52. _ recording
53. Singer/songwriter Leslie born in Amherst, Nova Scotia
54. Bring to _ _ (Cookbook instruction)
56. Reflection
57. Brawn
58. Plant origins
61. Payment in poker
64. Un-yeses
66. Dublin's locale, for short

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Try not to get involved in other people's problems today — or they may become your problems too. On this occasion it's better if they learn how to take care of it themselves.

Taurus April 21 - May 21
You've worked long and hard to get where you are now — don't throw it all away by being impulsive. If you let your emotions get the better of you it could damage your credibility.

Gemini May 22 - June 21
The Sun in Aquarius endows you with limitless self-confidence, but you must not take things for granted. It would be easy to fall into the trap of believing that nothing can go wrong — but that's just when it will!

Cancer June 22 - July 23
You are capable of doing more. The right opportunity will come along at just the right moment. Take it easy and take your time and be ready to take your big chance when it arrives.

Leo July 24 - Aug. 23
Things that happened in the past have nothing to do with what is happening today, so stop harking back to "the good old days" and make today special and rewarding.

Virgo Aug. 24 - Sept. 23
Routine matters may bore you but it's important you do a good job on the task you've been assigned. Someone in authority is watching. If they like what they see you could soon be on the way up.

Libra Sept. 24 - Oct. 23
You will get a lot done in a relatively short space of time today. Social and romantic activities loom large over the next few days, so get on top of your work load now and devote the remainder of the week to having fun.

Scorpio Oct. 24 - Nov. 22
Partners and loved ones have been demanding and you are getting tired of having to be there for them 24/7. It won't be long before you can start making a few demands of your own!

Sagittarius Nov. 23 - Dec. 21
You may be somewhat annoyed that friends and loved ones are depending on you to get them out of a fix, but you will do it anyway. Be sure to reward yourself afterwards.

Capricorn Dec. 22 - Jan. 20
You got something wrong. Speak up now there will be no hard feelings and no financial repercussions. However, if you leave it for a day your apologies may not be accepted.

Aquarius Jan. 21 - Feb. 19
If there's an important decision to make then make it now, otherwise it will be taken out of your hands and given to someone who may not be sympathetic to your needs.

Pisces Feb. 20 - March 20
For quite some time you have been fearing the worst but over the next two or three days you will realize that the worst is unlikely to happen — and even if it does it won't be as bad as your imagination led you to believe!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		5	8	4				
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9		6				4		
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						7	5	6
							9	1

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PARTICIPANTS NEEDED: YOUTH AND YOUNG ADULT MENTAL HEALTH STUDY

- Are you aged between 12 and 30? Experiencing distress or mood changes? OR
- Concerned about recent changes in your thoughts, behavior or experiences? OR
- Have a family history of mental illness?

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This study has been approved by the Conjoint Health Research Ethics board Ethics ID: REB14-1710

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#BellLetsTalk
Howie Mandel